Community Services

METRO INSTITUTE

CHC33021

CERTIFICATE III

IN INDIVIDUAL SUPPORT

(AGEING AND DISABILITY)



CHC33021 Certificate III in Individual Support (Ageing and Disability)

The CHC33021 Certificate III in Individual Support (Ageing and Disability) (CRICOS Code: 114488A) is a nationally recognized qualification in Australia that prepares individuals for careers in both aged care and disability support.

This program is specifically designed to furnish you with the indispensable skills and knowledge essential for excelling in your roles as a care worker for both elderly individuals and those with disabilities. The skills in this course must be applied in accordance with Commonwealth and state/Territory legislation, Australian Standards and industry codes of practice.

To achieve this course, the student must have completed at least 120 hours of work as detailed in the Assessment Requirements of the units of competency. No licensing, legislative, regulatory or certification requirements apply to this qualification at time of publication.

The Course Facts

Duration: 78 weeks including 18 weeks of breaks

2026 Term Start Dates:

Term 1 - 19 January 2026
Term 2 - 13 April 2026
Term 3 - 20 July 2026
Term 4 - 12 October 2026
Term 5 - 18 January 2027
Term 6 - 12 April 2027

> *The power of a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which could transform our life with a blaze of light.*
>
> *--- Metro Institute.*

Delivery mode:
20 hrs of face-to-face training and assessment per week

Location:
Metro Institute, Level 4, 770 - 772 George St, Haymarket, NSW 2000

Career pathways:
Potential employment options are in community, home or residential setting providing support to those who require support due to ageing, disability or other reasons. The occupation list: Senior Personal Care Assistant, Community Access Coordinator, Community Care Worker, House Worker, Residential Care Worker, Food Service Deliverer, Disability Service Officer, Care Worker, School Support Officer (Disability), Family Support Worker, Field Officer (Community Services), Nurse's Aide, Home care assistant.

Course Structure:
The course will be delivered in six terms over a one and half year period. And the following identifies each term and the units of competency to be delivered:

Term 1
HLTWHS002 Follow safe work practices for direct client care
CHCDIV001 Work with diverse people

Term 2
CHCLEG001 Work legally and ethically
CHCCOM005 Communicate and work in health or community services

Term 3
CHCAGE013 Work effectively in aged care
CHCDIS020 Work effectively in disability support

Term 4
HLTINF006 Apply basic principles and practices of infection prevention and control
CHCCCS031 Provide individualised support
CHCCCS040 Support independence and wellbeing

Term 5
CHCAGE011 Provide support to people living with dementia
CHCCCS041 Recognise healthy body systems
CHCPAL003 Deliver care services using a palliative approach

Term 6
CHCCCS038 Facilitate the empowerment of people receiving support
CHCDIS012 Support community participation and social inclusion
CHCDIS011 Contribute to ongoing skills development using a strengths-based approach

Entry Requirements:

- Be over the age of 18
- Demonstrate good command of written and spoken English
- Verified evidence of IELTS Level 5.5 or equivalent
- Provide your own Laptop and/or tablet
- Have completed an equivalent secondary schooling level of a High School Certificate or can demonstrate suitable work experience.

To meet the following Student Visa subclass 500 Vocational Education & Training requirements

- Be of good character
- Be of sound health
- Have acceptable health insurance through the Overseas Student Health Cover (OSHC) for yourself and any members of your family unit accompanying you to Australia
- Have no outstanding debts to the Commonwealth of Australia
- Demonstrate the capacity to meet basic living costs requirements set by the Australian Government

Application Process

To enroll into a course as an overseas student at Metro Institute, applicants must complete the Metro Institute International Student Enrolment Form and supply relevant documents.

This Form should be completed in full and submitted by person or email to Admissions Team:
sydney@metroinstitute.edu.au

For further information...

Enquiries concerning enrolment or courses offered should be addressed to Head Office:

Student Administration
School of Community Services
Metro Institute
Level4/770-772 George St
Haymarket, NSW 2000
Australia

Telephone: (612) 9281 0600
E-mail: sydney@metroinstitute.edu.au

Website: www.metroinstitute.edu.au

Metro Institute ABN 76 616 467 255
RTO Number: 45308
CRICOS Provider Code: 03665A

We will Love the world you loved, wish for the smile you wished ☺
"The best tunes are played on the oldest fiddles" --- Ralph Waldo Emerson

**** Please refer to the website and the International Student Handbook for further details.***

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